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Media Contact Stacey Price

Phone: 310.740.5146

Email: <a href="mailto:s.price@centerforautism.com">s.price@centerforautism.com</a>

## Skills® Named Finalist in 2015 Innovations in Healthcare(SM) ABBY Award

As a finalist, the web-based system for designing and implementing comprehensive treatment plans for individuals with autism was required to present metrics to prove it reduces the cost of providing quality care.

WOODLAND HILLS, Calif. (Sept. 15, 2015) – Skills®, an online autism treatment program, has been named a finalist for this year's Innovations in Healthcare(SM) ABBY Award, presented by the Adaptive Business Leaders (ABL). The award recognizes innovative organizations and individuals who are dramatically reducing the cost of quality healthcare. As a finalist, Skills® was required to present metrics that demonstrate it addresses a major health issue with an innovative solution that reduces the cost of providing quality care. ABL named nine finalists from across the country, and three winners will be selected on Oct. 21 at the 16<sup>th</sup> Innovations in Healthcare(SM) Awards Event in Long Beach, Calif.

"We are honored to be nominated for the ABBY Award," said Doreen Granpeesheh, PhD, founder and executive director of Center for Autism and Related Disorders (CARD) and the cocreator of Skills<sup>®</sup>. "Skills<sup>®</sup> is based upon decades of research on applied behavior analysis and is a great resource for clinicians to maximize supervision and therapy time."

Skills®, created by CARD, is a web-based system for designing and implementing comprehensive treatment plans for individuals with autism spectrum disorder (ASD) that are tailored to meet each patient's specific needs. It includes a well-validated assessment that covers age-appropriate skills across eight developmental domains. The Skills® LogBook app enables users to collect ongoing treatment data, intuitively tracking treatment progress via easy-to-read graphs and charts. Skills® supports treatment plan development and implementation, processes clinicians would otherwise spend hours performing and improves user efficiency on many levels, both reducing treatment costs and allowing clinicians to treat more patients.

According to ABL, the finalists were selected by a committee composed of healthcare executives who are ABL members with extensive knowledge in each of the award areas. Judging will take place by secret ballot following presentations from the chief executives of each organization. More details about the event can be found by visiting <a href="http://roundtables.abl.org/health/events/innovations-in-healthcare/">http://roundtables.abl.org/health/events/innovations-in-healthcare/</a>.

**About Skills®:** With two patents pending, Skills® is the worldwide leading provider of software as a service solution for behavioral health, attending to the needs of four key segments: mental health clinicians, educators, managed care organizations, and families. The Skills® portfolio of web-based and mobile application tools is based on the evidence-based principles of applied behavior analysis (ABA), with several studies published in peer-reviewed journals on its solid psychometric properties and clinical effectiveness. Founded in 2010, Skills® products are used in school districts and managed care organizations nationwide and by families and autism treatment providers worldwide. For more information, visit www.SkillsForAutism.com.

## **About the Adaptive Business Leaders (ABL) Organization:**

Since 1989, the Adaptive Business Leaders Organization (ABL) has helped its Members grow great companies through its Healthcare CEO Round Tables. Each month, Members leverage each other's skills, expertise, and connections, in a confidential, personal advisory board setting. During each session, Members share best practices with their non-competitive peers as they share "What's Up?" and tackle topics like: "Reducing the Spend on the Medically Needy 5%," "Implications of Expanded Medi-Cal for You," "Creating a Culture of Accountability," and "The App Will See You Now." Also, each session has a Featured Member or Guest Speaker who makes a Strategic Advisory Board presentation, imparting valuable insights and in return receiving leveraged feedback from the Group. For more information, visit <a href="http://roundtables.abl.org/">http://roundtables.abl.org/</a>.

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